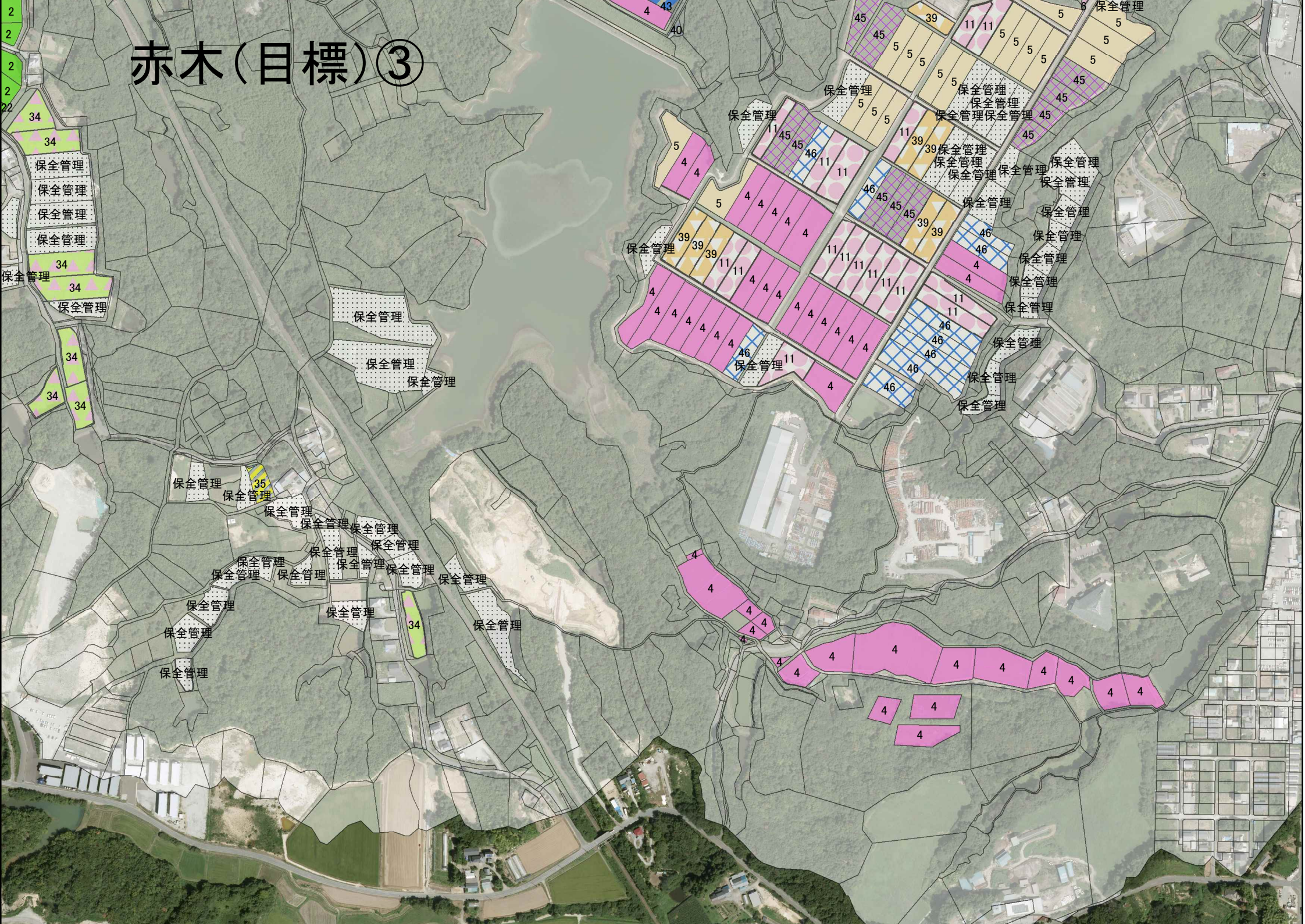赤木（目標）③